

**Syllabus**  
**PT 155 Dream, Fantasy and Symbolic Communications**  
**B. D'Amato** **Spring 2020**

**Tue. 3:30-5:30**  
**NYGSP: 2 Credits**

**Course Description**

This course introduces students to various dream theories and will acquaint them with the language of the unconscious. Myths, creative works, dreams, and symptoms are studied for examples of how pre-language primary processes and related secondary processes are expressed through symbolism, displacement, condensation and visual imagery as well as manifest and latent dream elements. Students learn the modern analytic approach to working with dreams and develop skill in recognizing and understanding unconscious communication and motivation.

**Objectives**

Students will be able to:

- describe the wish-fulfillment theory of dreams and develop an understanding of how the primary processes operate, and how they reveal the unconscious wishes conveyed in dreams, fantasies, symptoms and creative work;
- compare and contrast symbolism among fairy tales, myths and dreams;
- identify archetypes;
- apply the concepts involved to their own and their patients' productions; and
- define contemporary analytic dream theory and interpretive methods in clinical practice.

**Method of Evaluation**

Attendance, class participation, *weekly* class logs, and final paper.

Logs are emailed to [drbarbaradamato@gmail.com](mailto:drbarbaradamato@gmail.com)

**Twelve written logs** (approximately 250 words by email) are completed soon after each class meeting and submitted to the instructor before the following class meeting. The log is a private communication to the instructor enumerating: thoughts, feelings, and reactions from class regarding course content and class interactions/class dynamics; and for the final log, a self-evaluation of how you met the course requirements. These responses make clear that you have read and engaged with the readings and are able to relate them to class process. Questions and comments from the logs may serve as a springboard for class discussion.

Student's name, PT 155, date of class for which log is written, instructor's name, and log # should be at the top of each email.

**The final paper** consists of a discussion of at least *three* fundamental psychoanalytic dream concepts (i.e., symbolism, primary process, wish-fulfillment, archetypes, condensation, etc.) as they are applied to one dream, fairy tale or myth, chosen from any source. A paper that is well developed and includes all of the 6 following areas will receive a Pass. A paper that is incompletely developed in some of the following areas, and/or has poorly integrated relevant developmental theories will receive a Low Pass. A paper that is incompletely developed in most areas and/or does not meet basic graduate level standards

for written work will be returned to the student for improvement in order to receive credit.

1. The discussion should begin with a definition of each concept. If a dream is selected it should be reported in full (including the dreamer's *exact* words), fairy tales (FT's) or myths can be summarized.
2. A description of how aspects of the dream, tale or myth demonstrate these concepts is developed, and utilizes a minimum of *four* of the course readings, referenced within the paper.
3. Based on cited course material, interpretations of the dream, FT or myth are offered.
4. Appropriately use subject-specific vocabulary.
5. Use APA format and appropriate academic language.
6. Paper should be five to eight double-spaced pages long, followed by a short bibliography.

### **Paper Due: Class 11**

**Grading:** Students may receive a Pass (P), Low Pass (LP), Incomplete (I), No Credit (NC). Students are evaluated on the basis of attendance, class participation and the ability to understand, integrate and communicate material from the readings and class discussions. This understanding is demonstrated in classroom discussion, in the assigned class presentation, and by the quality of writing in the logs and in the term paper.

### **To earn a grade of "Pass," the student**

- Misses no more than two class meetings.
- Demonstrates understanding of the course subject matter in class, including the class presentation.
- Submits 11 logs.
- Demonstrates understanding of the course subject matter in the logs.
- Submits assignments on time.
- Submits a well-developed final paper that meets all criteria requested.

### **To receive a grade of "Low Pass," the student**

- Misses no more than two class meetings.
- Submits 11 logs.
- Demonstrates one or more of the following:

Minimal participation in class; problematic/disruptive participation in class; minimal understanding of the course subject matter in class discussion or presentation; all assignments are completed but some are

submitted late; final paper is incompletely developed, some but not all of criteria are met, and/or relevant psychoanalytic theories are poorly integrated; logs do not regularly address the two stated criteria

### **To receive a grade of “Incomplete,” the student**

- Does not submit acceptable written work by the last class meeting of the semester [or date specified by the instructor].

### **To receive “No Credit,” the student**

- Does not submit acceptable written work within 30 days after the end of the semester *or*
- Regularly exhibits disruptive behavior that interferes with the functioning of the class *or*
- Misses more than two classes.

#### *Academic Honesty:*

All students are expected to respect the highest standards of academic integrity. The Graduate School considers it a violation of the requirements of intellectual responsibility to submit work that is not one's own or otherwise to subvert the conditions under which academic work is performed by oneself or by others. Violation may lead to failing a course, academic probation, or in repeated cases, suspension or expulsion.

**To access full text documents from the PEP links, you'll need to first log into your PEP account.**

### **Assigned Readings**

#### **Class 1**

Freud, S. (1953). The method of interpreting dreams: An analysis of a specimen dream. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 4, pp. 96-121). London, England: Hogarth Press. (Original work published 1900)  
<http://www.pep-web.org/document.php?id=se.004.0000a>

#### **Class 2**

Freud, S. (1953). The material and sources of dreams. Part D, Typical dreams. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 4, pp. 241-276). London, England: Hogarth Press. (Original work published 1900)  
<http://www.pep-web.org/document.php?id=se.004.0000a>

Freud, S. (1953). The psychology of the dream-processes: Wish-fulfillment. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 5, pp. 550-572). London, England: Hogarth Press. (Original work published 1900)  
<http://www.pep-web.org/document.php?id=se.005.0000a>

#### **Class 3**

Abraham, K. (1979). Childhood phantasies in dreams and myths: The application of the wish-fulfillment theory to myths. In *Clinical papers and essays on psychoanalysis* (pp. 155-172). New York, NY: Brunner/Mazel. (Original work published 1909).

Sharpe, E. F. (1937). Mechanisms of dream formation. In *Dream analysis* (pp. 40-65). London, England: Hogarth Press.

#### **Class 4**

Bettelheim, B. (2010). Fairy tale versus myth; "The three little pigs;" The child's need for magic. In *The uses of enchantment: The meaning and importance of fairy tales* (pp. 35-53). New York, NY: Vintage Books.

#### **Class 5**

Campbell, J. (1972). Myth and dream. In *The hero with a thousand faces* (pp. 3-25). Princeton, NJ: Princeton University Press.

Estes, P. C. (1992). Stalking the intruder: The beginning initiation. In *Women who run with the wolves* (pp. 39-73). New York, NY: Ballantine.

#### **Class 6**

Ferro, A. (2018). Dream models of the mind. In A. Ferro (Ed.), *Contemporary Bionian theory and techniques in psychoanalysis* (pp. 114-148). London, England: Routledge.

Jung, C. G. (1990). The significance of dreams; The language of dreams. In *The undiscovered self* (pp. 65-75; 83-95). Princeton, NJ: Princeton University Press.

#### **Class 7**

Gilhooley, D., & Toich, F. (2020). Time. In *Psychoanalysis, intersubjective writing, and a postmaterialist model of the mind: I woke up dead* (pp. 106-129). London, England: Routledge.

Gilhooley, D., & Toich, F. (2020). Thought transference. In *Psychoanalysis, intersubjective writing, and a postmaterialist model of the mind: I woke up dead* (pp. 139-143). London, England: Routledge.

#### **Class 8**

Bion, W. (1962). *Learning from experience* (pp. 1-9). London, England: Maresfield Library.

<http://www.pep-web.org/document.php?id=zbk.003.0001a>

Civitaresse, G. (2018). Introduction; Dark contemplation. In *The necessary dream: New theories and techniques of interpretation in psychoanalysis* (pp. xi –xvi; 1-10). London, England: Routledge.

#### **Class 9**

D'Amato, B. (2010). Aggression in dreams - intersecting theories: Freud, modern psychoanalysis, threat simulation theory. *Modern Psychoanalysis*, 35, 182-204.

<http://www.pep-web.org/document.php?id=mpsa.035.0182a>

Meadow, P. W. (1984). The royal road to preverbal conflicts. *Modern Psychoanalysis*, 9, 63-92.

<http://www.pep-web.org/document.php?id=mpsa.009.0063a>

#### **Class 10**

D'Amato B. (2015). Writer's dreams. In W. Owczarski & Z. Ziemann (Eds.), *Dreams, phantasms and memories* (pp. 283-293). Gdansk, Poland: Gdansk University Press.

Ogden, T. (2001). Conversations at the frontier of dreaming. In *Conversations at the frontier of dreaming* (pp. 1-14). Northvale, NJ: Jason Aronson.

#### **Class 11**

Campbell, J. (2006). In the wake of 9/11. In *Group dreaming: Dreams to the tenth power* (pp. 137-148). Norfolk, VA: Wordminder Press.

Hartmann, E. (1996). Outline for a theory on the nature and functions of dreaming. *Dreaming*, 6(2), 147-170.

## Class 12

- Brown, L. J. (2019). Three unconscious pathways to representing the analyst's experience: Reverie, countertransference, dreams, and joke-work. In *Transformational processes in clinical psychoanalysis: Dreaming, emotions and the present moment* (pp. 139-154). London, England: Routledge.
- Franz, M. L. von (1998). Jung's new hypothesis. In *On dreams and death* (pp. 144-155). Chicago, IL: Open Court.

### Additional Recommended Readings:

- Blackie, S. (2016). *If women rose rooted: The journey to authenticity and belonging*. Stirlingshire, Denmark: September Publishing
- Domhoff, G. W. (1996). *Finding meaning in dreams*. New York, NY: Plenum Press.
- Erikson, E. (1954). The specimen dream of psychoanalysis. *Journal of the American Psychoanalytic Association*, 2, 5-56.
- Franz, M. L. von (1998). *On dreams & death: A Jungian interpretation*. Chicago, IL: Open Court.
- Freud, S. (1953). The interpretation of dreams (the dream-work). In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 4, pp. 277-310). London, England: Hogarth Press. (Original work published 1900).
- Freud, S. (1953). Fragments of a case of hysteria (Dora's dream). In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 7, pp. 64-111). London, England: Hogarth Press. (Original work published 1905).
- Freud, S. (1955). Totem & taboo. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 13, pp. ix-164). London, England: Hogarth Press. (Original work published 1912).
- Freud, S. (1955). Observations & examples from analytic practice. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 13, pp. 193-201). London, England: Hogarth Press. (Original work published 1913).
- Freud, S. (1957). Leonardo da Vinci & a memory of his childhood. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 11, pp. 63-92). London, England: Hogarth Press. (Original work published 1910).
- Freud, S. (1961). Beyond the pleasure principle. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 19, pp. 261-263). London, England: Hogarth Press. (Original work published 1920).
- Freud, S. (1961). A 17th century demonological neurosis (editor's note & introduction). In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 19, pp. 69-72). London, England: Hogarth Press. (Original work published 1923).
- Freud, S. (1961). J. Popoer-Lynkeus & the theory of dreams. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 19, pp. 261-263). London, England: Hogarth Press. (Original work published 1923).
- Freud, S. (1963). Introductory lectures on psychoanalysis (Part II: Dreams). In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 15, pp. 83-239). London, England: Hogarth Press. (Original work published 1916-17).
- Freud, S. (1963). Introductory lectures on psychoanalysis (Index of symbols). In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 16, pp. 480-482). London, England: Hogarth Press. (Original work published 1916-17).
- Freud, S. (1964). Revision of the theory of dreams. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 22, pp. 7-30). London, England: Hogarth Press. (Original work published 1932).

- Fromm, G. M. (2012). Dreams represented in dreams. In *Taking the transference, reaching toward dreams* (pp. 50-70). London, England: Karnac.
- Gabel, S. (1993). The phenomenology of the self and its objects in waking and dreaming: Implications for a model of dreaming. *The Journal of American Academy of Psychoanalysis and Dynamic Psychiatry*, 21, 339-362.
- Gay, P. (1988). The secret of dreams. In *Freud: A life for our time* (pp. 104-116). New York, NY: Norton.
- Greenson, R. (1970). *Psychoanalytic Quarterly*, 39, 519-549.  
*Grimm's fairy tales* (complete edition available from Pantheon).
- Grinstein, A. (1968). *Freud's rules of dream interpretation*. New York, NY: International Universities Press.
- Grinstein, A. (1980). Irma's injection. In *Sigmund Freud's dreams*. (2<sup>nd</sup> ed.) (pp. 21-46). New York, NY: International Universities Press.
- Hall, C. S., & Van de Castle, R. L. (1966). *The content analysis of dreams*. New York, NY: Apple-Century Crofts.
- Hobson, J. A. (2005). *13 dreams Freud never had*. New York, NY: Pi Press.
- Hobson, J. A., & McCarley, R. W. (1977). The brain as a dream state generator: An activation-synthesis hypothesis of the dream process. *The American Journal of Psychiatry*, 134, 1335-1348.
- Jung, C. G. (1961). The work. In *Memories, dreams, reflections* (pp. 220-222). New York, NY: Vintage Books.
- Jung, C. G. (1964). *Man and his symbols* (pp. 18-103). New York, NY: Doubleday.
- Jung, C. G. (1968). *Psychology and alchemy*. Princeton, NJ: Princeton Universities Press.
- Kramer, M. (1993). The selective mood regulatory function of dreaming: An update and revision. In A. Moffitt, M. Kramer, & R. Hoffmann (Eds.), *The function of dreaming* (pp. 139-195). Albany, NY: SUNY Press.
- Lear, J. (2017). Integrating the nonrational soul. In *Wisdom won from illness* (pp. 30-49). Cambridge : Harvard University Press.
- Ogden, T. (2001). *Conversations at the frontier of dreaming*. Northvale, NJ: Jason Aronson.
- Reiser, M. (1990). *Memory in mind and brain* (pp. 64-92; 167-172). New York, NY: Basic Books.
- Schur, M. (1966). Some additional "Day residues" of "The specimen dream of psychoanalysis." In R. Loewenstein, L. Newman, M. Schur, & A. Soinit (Eds.), *Psychoanalysis--a general psychology* (pp. 45-85). New York, NY: International Universities Press.
- Segal, H. (1964). Phantasy. In *Introduction to the work of Melanie Klein* (pp. 11-23). New York, NY: Basic Books.
- Sharpe, E. F. (1937). *Dream analysis*. London, England: Hogarth Press.
- Solms, M. (1995). New findings on the neurological organization of dreaming: Implications for psychoanalysis. *The Psychoanalytic Quarterly*, 64, 43-67.