

# CMPS and Modern Psychoanalysis

The Center for Modern Psychoanalytic Studies, founded in 1971, is chartered by the NYS Board of Regents and is recognized by the State of New York as a licensure-qualifying psychoanalytic training institute. Modern psychoanalysis encompasses theoretical and technical advances that make a broader range of psychopathology, including borderline and narcissistic disorders, amenable to psychoanalytic treatment. Modern psychoanalytic approaches are used not only by psychoanalysts, but by psychodynamically oriented social workers, psychologists, and practitioners of other mental health disciplines in private practice, mental health agencies, and drug and alcohol treatment facilities. Others who find modern psychoanalytic theory and approaches valuable include educators, students of literature and the arts, and those in business.

## One-Year Program

The One-Year Program in Modern Psychoanalysis offers a solid foundation in modern psychoanalytic theory and technique. The four component courses are designed to be useful to practitioners and non-practitioners alike. An introduction to psychological development, both healthy and distorted, imparts an understanding of the rationale for psychoanalytic treatment. Key aspects of the treatment process, including transference, resistance, countertransference, and analytic listening, are studied from the perspectives of patient and practitioner. Participants gain a sense of themselves as therapeutic agents and begin to develop skills applicable in both clinical and other life situations. Classes are taught in a supportive, discussion-oriented format. Continuing education credits are offered to social workers and psychoanalysts.

**CLASSES MEET MONDAYS** from 6:00-9:10PM (two 90-minute classes with a 10-minute break).  
**Fall 2020 Semester:** Monday, September 21, through Monday, December 7; **Spring 2021 Semester:** Monday, February 8, through Monday, May 3. Tuition per semester: \$1000.

Participants are invited to CMPS events where they can meet Certificate Program students and faculty members for an informal exchange of ideas.

## COURSEWORK

### Semester One

#### THE MATURATION PROCESS

(15 CE credits)

- Recognizing the role of emotions, the body, cognition, and environment in early childhood development
- Differentiating self from other in clinical settings and in everyday life
- Understanding the significance of fixations and regressions in the psychosexual stages

#### TRANSFERENCE AND RESISTANCE

(15 CE credits)

- Understanding the function of resistance
- Using observation for making clinical inferences and interventions
- Recognizing transference and its implications

### Semester Two

#### ANALYTIC LISTENING

(15 CE credits)

- Listening to unconscious verbal and nonverbal communications
- Understanding symbolic communication, dreams, slips of the tongue, etc.

#### COUNTERTRANSFERENCE

(15 CE credits)

- Recognizing countertransference and using induced feelings
- Distinguishing between subjective and objective countertransference
- Resolving countertransference resistances

## Eligibility & Application

The One-Year Program is open to professionals from the fields of psychiatry, psychology, social work, substance abuse counseling, mental health counseling, guidance counseling, education, the arts, and business.

There is a \$50 non-refundable application fee.

Please fill out form below & send to:  
cmpls@cmpls.edu

To pay the application fee online, visit:  
cmpls.edu/One-year-Program

Last Name First Name Middle Initial

Street Address

City State Zip/Postal code

Day Phone Evening Phone

Cell Fax

E-Mail

Date of Birth

Name of Undergraduate School, Degree, Date

Name of Graduate School, Degree, Date

Other Learning Experience

Current Employment

How did you learn about CMPS?

Date Signature