



CMPS

Center for Modern Psychoanalytic Studies

Distance Learning Course via Zoom

*THIS COURSE IS OPEN TO PARTICIPANTS IN NEW YORK
AS WELL AS THOSE OUTSIDE THE METROPOLITAN AREA*

Traumatic Experiences of Normal Development: A Trauma-Based Listening Perspective

This course presents psychoanalytic perspectives on the treatment of trauma. The reconstruction of object relations, an integration with intersubjectivity, and somatization are addressed in light of a redefinition of trauma. Various kinds of traumatic events are examined in terms of their roots in normal development and their role in the etiology of difficulties such as depression, anxiety, addictions, and eating disorders and their contribution to the formation of character structure and relationship style. Therapeutic approaches based on the instructor's trauma-based listening perspective (SAO/TEND) will be emphasized.

15 CE Credits for Licensed Psychoanalysts and Social Workers

MONDAYS, FEBRUARY 1 - APRIL 26, 2021 • 1:00 - 2:30 PM (Eastern)

CMPS, 16 West 10th Street, New York, NY 10011

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TUITION: \$500

Carl H. Shubs, PhD, is a psychologist in private practice in Beverly Hills, CA. He has written several books on trauma and its treatment, with a focus on his SAO/TEND psychoanalytic perspective, including *Traumatic Experiences of Normal Development: An Intersubjective, Object Relations Listening Perspective on Self, Attachment, Trauma, and Reality* (Routledge, 2020). He has also published several articles on the treatment of trauma.

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) describe the trauma-based listening perspective and explain how it differs from other listening perspectives, (2) define the new meaning of trauma, (3) explain the reconstructed meaning of an object relationship, (4) explain the subjective nature of trauma, (5) identify self subcomponents in an object relations unit (ORU), (6) identify affect subcomponents in an object relations unit (ORU), (7) explain the roles of splitting, dissociation, and attacks on linking in traumatic experience, (8) explain the roles of the good-enough mother (GEM) and predator other (PO) in traumatic experience, (9) recognize various forms of attacks on knowing, and (10) explain the SAO/TEND trauma-based listening perspective and its application to clinical material.

Licensed Psychoanalysts: The Center for Modern Psychoanalytic Studies (CMPS) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Social Workers: The Center for Modern Psychoanalytic Studies (CMPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#0206).