



# CMPS

## Center for Modern Psychoanalytic Studies

*Distance Learning  
Weekend Seminar/Workshop via Zoom*

### Dreaming 24

Freud believed that a dream is a disguised wish fulfillment, one function of which is to protect the continuation of sleep. Karl Abraham, in contrast, theorized that “it is not only during sleep that we dream.” The idea that we are continuously dreaming will be the focus of this Weekend Intensive. We will explore the theories of several psychoanalysts who believe we dream not only during sleep, but when awake, especially during the analytic hour. We will take a fresh look at Freud’s *Interpretation of Dreams* in light of current thinking, including Montague Ullman’s method of group dream sharing and Bion and Ogden’s views on the analyst’s reverie and the analytic third, which allow us to understand patients’ dreams via co-created mechanisms. Consistent with the drive theory model, we will discuss of the role of aggression in dreams. We will also consider the current dream research of sleep scientists Zadra and Stickgold. Participants are encouraged to present case material and relevant dreams. Readings will be made available in advance.

8.5 CE Credits for Licensed Psychoanalysts and Social Workers

**FRIDAY, JUNE 18, 2021 | 2:30 - 6:15 PM**

**SATURDAY, JUNE 19, 2021 | 8:45 AM - 4:10 PM**

CLINICIANS: \$300

SPRING 2021 ENROLLED DISTANCE LEARNING STUDENTS: \$200

MATRICULATED INSTITUTE AND UNIVERSITY STUDENTS: \$125

*Preregistration is required, as enrollment will be capped to allow for meaningful participation.*

#### FACULTY

Anne Cutler, MBA, LP

Barbara D’Amato, PsyD, LP

Richard Sacks, MA, LP

David Rosenthal, PhD, LP

William Sharp, PsyD

#### CONTINUING EDUCATION INFORMATION

**LEARNING OBJECTIVES:** Participants will be able to (1) describe Freud’s theory of dreams as wish fulfillments, (2) explain the basic process of dream analysis, (3) describe the roles of affect, metaphor, and day residue in understanding dreams, (4) describe reasons, according to the NEXTUP model of dream function, why brains dream, (5) describe a rationale for the presence of bizarreness (nonsensical or irrational content) in dreams, (6) describe the modern psychoanalytic approach to dream interpretation (7) explain the ways in which Ullman’s group approach to working with dreams can enrich the process of dream interpretation, (8) explain the theory that each dream is an original co-creation of the patient and analyst, (9) explain how the analyst facilitates the patient’s dreaming his or her “undreamt dreams,” (10) describe the experiences of reverie and dreaming the session, and (11) compare and contrast the classical, modern psychoanalytic, and threat simulation theories of dreams.

**Licensed Psychoanalysts:** The Center for Modern Psychoanalytic Studies (CMPS) is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

**Social Workers:** The Center for Modern Psychoanalytic Studies (CMPS) SW CPE is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers (#0206).