



CMPS

Center for Modern Psychoanalytic Studies

Presentation via Zoom

Self-Criticism as a Lifeline

There is a type of patient one sees in psychoanalysis who is surrounded by criticism like a cloud. Since Freud's paper on Mourning and Melancholia various authors have addressed this issue. While descriptively similar to previous explanations, this presentation will explore the dynamics of patients who desperately cling to self-criticism out of a fear of *terrifying aloneness*. The unconscious determinants that drive them are similar to those noted in other patients but are a variation with important clinical implications. A clinical example demonstrating the technique of working with these patients will be presented.

2 CE Credits for Psychoanalysts, Psychologists, and Social Workers

SATURDAY, OCTOBER 15, 2022 • 9:30 - 11:30 AM (Eastern), via Zoom

PRACTITIONERS AND GENERAL PUBLIC: \$40 | STUDENTS: FREE



Fred Busch, PhD, is a Training and Supervising Analyst at the Boston Psychoanalytic Society and Institute, and has taught at several other institutes. He has published over 80 articles on psychoanalytic technique and six books, including *A Fresh Look at Psychoanalytic Technique* (2021), *Dear Candidate: Analysts from Around the World Offer Personal Reflections on Psychoanalytic Training, Education, and the Profession* (2020), *The Analyst's Reveries: Explorations in Bion's Enigmatic Concept* (2019), *Creating a Psychoanalytic Mind* (2014), *Rethinking Clinical Technique* (1999), and *The Ego at the Center of Psychoanalytic Technique* (1995). His work has been translated into many

languages, and he has presented over 170 papers and clinical workshops nationally and internationally.

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) distinguish between different types of self-criticism, and (2) describe the techniques of working with self-criticism described in this presentation.

Psychoanalysts: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Psychologists: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0163).

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