



CMPS

Center for Modern Psychoanalytic Studies

Mini-Course via Zoom

Bion: Using the Analyst's Emotional Experience to Work with Unrepresentable and So-called Psychotic States in Analytic Patients

In this three-part seminar we will read some of Bion's texts closely to elucidate his thinking about working with unrepresentable emotional experience often related to psychotic functioning. At the center of our work will be the paper "Language and the Schizophrenic," supplemented by excerpts from other works. Our focus will be on the so-called psychotic functioning present in all our psychoanalytic patients, regardless of their diagnoses. We will highlight Bion's emphasis on the analyst's emotional experience in the countertransference as the main tool for accessing these unrepresented realms of the mind.

6 CE Credits for Psychoanalysts, Psychologists, and Social Workers

THREE SATURDAYS: FEBRUARY 4, MARCH 4, APRIL 1, 2023

9:30 - 11:30 AM (Eastern) via Zoom

To Register: cmps.edu/events

For More Information: 212-260-7050 • cmps@cmps.edu

PRACTITIONERS AND GENERAL PUBLIC: \$120 | STUDENTS: \$60



Avner Bergstein is a training and supervising psychoanalyst and faculty member of the Israel Psychoanalytic Society. He works in private practice with adults, adolescents, and children and has worked for several years at a kindergarten for children with autism. He has authored numerous papers and book chapters elaborating on the clinical implications of the writings of Bion and Meltzer, and his papers are translated into many languages. He is author of the book *Bion and Meltzer's Expeditions into Unmapped Mental Life: Beyond the Spectrum in Psychoanalysis*. He conducts reading seminars internationally focusing on the writings of these two authors. He is the recipient of the 2021 Elisabeth Young-Bruehl Prejudice Award.

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) describe Bion's elaboration of Freud's thinking about the reality principle and psychotic functioning, (2) differentiate between nonpsychotic and psychotic functioning as well as between repressed and unrepressed unconscious experience, (3) understand Bion's notion of the personality's attack on its own mind as a way of protecting itself from an awareness of an unbearable reality, (4) describe Freud and Bion's notions of the capacity required for the apprehension of reality, (5) describe Bion's ideas about using countertransference as a tool for accessing unmentalized experience, and (6) describe Bion's method of observation as a way of approaching the ultimate reality of the session.

Psychoanalysts: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Psychologists: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0163).

Social Workers: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0206.

The Center for Modern Psychoanalytic Studies thanks the Lynne Laub Fund for its generous support of this program.