

#### ANNUAL CONFERENCE

## A Conspiracy of Silence:

## Identifying Racism in the Consulting Room and Analytic Institute

Silence is an essential clinical tool that can be used to facilitate analytic work, from developing the transference to regulating frustration and communicating feeling. However, a form of "learned silence" can drown out this therapeutic quiet, particularly with regard to confronting racism in our consultation rooms. This conference will explore the ways we avoid our patients' racial traumas and fail to address prejudice in our training institutes. Facing these learned silences, which often take the form of countertransference resistance, can expand our clinical vocabulary, promote richer communication between patient and analyst, and deepen the analytic work.

5 CE Credits for Psychoanalysts, Psychologists, and Social Workers

# SATURDAY, NOVEMBER 5, 2022 • 9:15 AM - 4:00 PM (Eastern), via Zoom Admission: \$150 | Students with ID: \$40



**Beverly J. Stoute, MD,** is a child, adolescent, and adult psychiatrist and psychoanalyst. She is Co-Chair of the Holmes Commission on Racial Equality of the American Psychoanalytic Association; a training and supervising analyst at the Emory University Psychoanalytic Institute; a child and adolescent supervising analyst at The New York Psychoanalytic Institute, of which she is a graduate; adjunct associate professor of psychiatry and behavioral sciences at Emory University School of Medicine; and adjunct clinical associate professor of psychiatry and behavioral sciences at Morehouse School of Medicine. She is a founding member of Black Psychoanalysts Speak. She is in full-time private practice in Atlanta.



**Anton Hart, PhD, FABP,** is a training and supervising analyst and instructor at The William Alanson White Institute in New York City. He is a member of the International Psychoanalytical Association and the American Psychoanalytic Association (APsaA), and is Chair of the Diversities Section of APsaA's Department of Psychoanalytic Education. He is a founding member of Black Psychoanalysts Speak. He is in full-time private practice in New York City.

#### CONTINUING EDUCATION INFORMATION

**LEARNING OBJECTIVES:** Participants will be able to (1) identify how developmental differences in racial and ethnic socialization impact the awareness of racial attitudes and can promote silence in the therapeutic relationship, (2) describe the cultural history of sadism proposed here that serves as the template for group racial enactments, (3) describe three ways that silence is perpetuated as an enactment, (4) recognize the centrality of, and anxieties about, curiosity in the psychoanalytic process, diversity work, and the general experience of being alive, and (5) define and implement Radical Openness as an orientation to psychoanalytic and other dialogues.

**Psychoanalysts:** The Center for Modern Psychoanalytic Studies (CMPS) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

**Psychologists:** The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0163).

**Social Workers:** The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0206.