



CMPS

Center for Modern Psychoanalytic Studies

Distance Learning Course via Zoom

THIS COURSE IS OPEN ONLY TO STUDENTS OUTSIDE THE GREATER NEW YORK CITY AREA

Analytic Listening

This course provides students with the foundation necessary to understand the meaning and use of analytic listening. Students will learn how to identify symbolic communications, how to decode nonverbal means of communicating, approaches to working with dreams, and how to promote progressive communication through their ability to listen to the unconscious (their own as well as their patients').

15 CE Credits for Psychoanalysts, Psychologists, and Social Workers

TUESDAYS, FEBRUARY 6 – APRIL 30, 2024

5:00 – 6:30 PM (Eastern)

To Register: bdamato@cmps.edu

For More Information: 212-260-7050 • cmps@cmps.edu

TUITION: \$500

Mary Landers is a psychoanalyst in practice in New York City. She is on the faculty of the Center for Modern Psychoanalytic Studies

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) describe the concept of "listening with the third ear" and be able to identify phenomena such as negation and hints of unconscious conflict, (2) describe how unconscious communication exists between the analyst and the patient and recognize the differences between functioning on higher levels of mental awareness vs. the analyst's more regressive attunement with the patient, (3) recognize the differences between the patient's conscious and unconscious goals in psychoanalysis, (4) recognize and describe examples of symbolic communication such as inductions, nonverbal emotional communications, and repetitions connected to disavowed wishes, (5) describe ways in which the patient communicates through metaphor and unconscious behavior and ways in which the analyst can understand those communications in order to further the treatment, (6) describe the concept of the contact function and its role in analytic listening and treatment, (7) describe techniques such as joining, mirroring, and psychological reflection and the role these techniques play in helping the patient engage in progressive communication, (8) describe the concept of the object-oriented question, how to use it, and its role in protecting the fragile ego of the preoedipal patient, (9) describe how awareness of the patient's nonverbal communication helps the analyst insulate the patient's ego, and (10) describe ways in which analytic listening and modern psychoanalytic techniques are utilized to help the patient resolve powerful resistances to remaining in treatment.

Psychoanalysts: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Psychologists: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0163).

Social Workers: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0206).