



CMPS

Center for Modern Psychoanalytic Studies

Distance Learning

Weekend Seminar/Workshop via Zoom

Countertransference

Clinicians understand that countertransference reactions to patients can give rise to an array of feelings. These can range from admiration, delight, and joy to the darker experiences of terror, dread, or numbness that can forestall treatment. We can become paralyzed with crippling anxiety when working with some cases or overly invested in treatment outcomes with others. Freud described countertransference feelings as hindrances to be overcome by the analyst, whereas most clinicians today utilize them as valuable tools for understanding their patients. When used as data, countertransference feelings can lead us to correct diagnoses and appropriate clinical interventions.

This weekend seminar will examine the theory and utilization of countertransference feelings in treatment. A variety of case examples will be presented and explored. This will be an interactive learning experience combining theory with process experiences of the group. Readings will be made available to participants.

Faculty:

Richard Sacks, MA, LP

Faye Newsome, MA, LP

David Rosenthal, PhD, LP

William Sharp, PsyD

8.5 CE Credits for Licensed Psychoanalysts and Social Workers

FRIDAY, JUNE 19, 2020 | 2:30 - 6:15 PM
SATURDAY, JUNE 20, 2020 | 8:45 AM - 4:10 PM

CLINICIANS: \$300

SPRING 2020 ENROLLED DISTANCE LEARNING STUDENTS: \$200

MATRICULATED INSTITUTE AND UNIVERSITY STUDENTS: \$125

Preregistration is required, as enrollment will be capped to allow for meaningful interaction.

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) describe the history of the theories and uses of countertransference, (2) explain the difference between objective and subjective countertransference, (3) describe ways of recognizing countertransference, (4) describe how using countertransference data can promote progressive communication, (5) describe Bion's theory of how the patient's unconscious communications are experienced in the analyst's experience of reverie in the session, (6) describe Bion's approach to turning unusable beta elements into usable material via the alpha function, (7) describe the sorts of countertransference feelings experienced when treating patients with gender identity issues, and (8) describe how the process of individual and group supervision can help the practitioner determine how best to use countertransference data to formulate effective interventions.

Licensed Psychoanalysts: The Center for Modern Psychoanalytic Studies (CMPS) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Social Workers: The Center for Modern Psychoanalytic Studies (CMPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#0206).